



Hearts for Kindness

Pathways to Kindness

Summer 2017

2nd Annual Garden Party a Success!

On Saturday, August 5th, Hearts for Kindness supporters and garden lovers joined us at Pleasant View Gardens in Loudon, NH for a catered lunch, planting demonstrations, and raffle. H4K founder and president Brenda Perkins presented Hearts for Kindness Hero awards to Tom Arnold and Steve Gamlin.



A sampling of the dessert table

Thank you to our generous Garden Party sponsors!

Pleasant View Gardens, Inc.
Liberty Title and Escrow
Kathleen Gallagher Family Realty



The Proven Winners were in full bloom and the rain did not dampen spirits!

Clockwise from top:

Pleasant View Gardens entry; H4K board member Erle Huntington and husband Jeff Huntington (co-owner of Pleasant View Gardens); Sunny smiles at the registration table—board members Erle Huntington and Deb Markarian pose with volunteer Brenda Tatro





Clockwise from top left:

Succulent planting demonstration;
H4K board member AmyLee
Marion sells raffle tickets;
Window box displays



Clockwise from right:

A happy raffle winner; [The Sanctuary Bodyworks and Sauna](#) professionals; Center of Gravity performing

Visit our Facebook page to see more pictures from the party!

<https://www.facebook.com/hearts4kindness/>

A special THANK YOU to all of our generous raffle donors!



Honoring the Kindness Heroes Hidden Among Us

In every community in America, there are humble folks working hard to help others. They don't do it for the recognition or to fuel their egos. They do it because they have kindness in their hearts. We had the privilege of honoring two such heroes at our annual Garden Party.



Tom Arnold, owner of Arnie's Place, supports the Concord community in many ways, from donating gift certificates to non-profits, supplying ice cream for school fundraisers, sponsoring local youth sports teams, and providing space and water for car wash fundraisers.

Thank you, Tom, for your Heart for Kindness!

Learn more about Tom and Arnie's Place at <http://www.arniesplace.com/>



Steve Gamlin, motivational speaker and founder of BeachBum Philanthropy, partners with nonprofits, homeless shelters, and other "givers" to spread kindness. He is a staunch supporter of Liberty House, a veteran shelter and resource center in Manchester, NH.

Thank you, Steve, for your Heart for Kindness!

Learn more about Steve and BeachBum Philanthropy at <http://www.inspiredbysteve.com/>

Top: H4K Founder and President, Brenda Perkins, presents Tom Arnold with his Hearts for Kindness Hero Award.

Bottom: H4K Founder and President, Brenda Perkins, presents Steve Gamlin with his Hearts for Kindness Hero Award.



Thank you for answering our August Call to Action!
With your help, we passed along many items to an expectant mother,
including enough gift cards to cover the cost of a car seat.

**Make sure you “like” our Facebook page to be notified of future
Calls to Action**

<https://www.facebook.com/hearts4kindness/>



**Hearts for Kindness is honored to be chosen as the Capitol
Region Board of REALTORS® Charity Auction recipient**



**Thank you REALTORS® and affiliates for your hearts for kindness! Your
generosity will allow us to spread community, kindness, and hope!**

*Does your organization have a heart for kindness? Help support us by donating
an auction item: heartsforkindness@gmail.com*



Look for the H4K float in the 66th Concord Christmas Parade!

Want to join? Contact us at heartsforkindness@gmail.com

To learn more about the parade, visit

<https://www.facebook.com/events/155483295012317>

 The Amazon Smile logo features the word "amazon" in black with a curved arrow underneath, and the word "smile" in white on an orange background with circular patterns.	<p>Support Hearts for Kindness by shopping at AmazonSmile.</p> <p>When you shop at AmazonSmile, Amazon will donate to Hearts for Kindness. Support us every time you shop.</p> <p>SMILE.AMAZON.COM</p>
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Amazon Smile is an easy way to help H4K fulfill our mission. Simply visit smile.amazon.com and add Hearts for Kindness as your charity. Your everyday purchases will work double time by earning money for us!

Support Hearts for Kindness in Style!

Bracelets: \$20 -- All bracelets have Hearts for Kindness charm; other charms vary



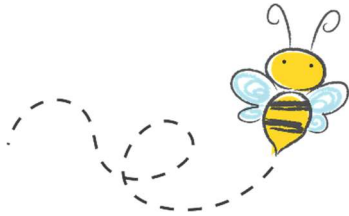
T-shirts: \$20 -- NH shirt does not have back logo
Children's, Women's, and Men's Sizes



Call Brenda at 344-2161 or email heartsforkindness@gmail.com to order

Did You Know?

Hearts for Kindness is an all-volunteer organization. Without staff to pay or an office to maintain, we have very low overhead. Your donations go directly into the community to help others and spread kindness!



Busy Bees!

Here's a sampling of our recent Acts of Kindness and a look at what's ahead. . .



- 6/24 – H4K hosted a free “paint your own rock” tent at the Multicultural Festival in June
- 7/1 – Delivered t-shirt tote bags to the Christ the King food pantry, First Church food pantry, and Liberty House.
- 8/1 – Joined the Capitol Region Board of REALTORS® and Junior Service League to paint faces at National Night Out
- 10/4 – Look for us at the Walk a Mile in Her Shoes event. To learn more, visit <http://www.ccnh.org/walk-a-mile-in-her-shoes.html>

The holidays are always a busy time for us, with many projects. Want to help? Send us an email at heartsforkindness@gmail.com or fill out the form on our site:

http://www.heartsforkindness.com/volunteer_opportunities.aspx



Hearts for Kindness cares for you; please care for someone else.

Our purpose is to promote community and hope through acts of kindness that bring people together within the community; through limited monetary assistance to help with emergency expenses; and through special fundraising efforts for families or individuals with a greater need.

Board of Directors

Brenda Perkins, President
Wanda Keenan, Treasurer
Michele Horne, Secretary
Erle Huntington, Director
Christine Waite, Director
Erica Letourneau, Director
Pamela Wicks, Director
AmyLee Marion, Director
Deb Markarian, Director

Hearts for Kindness supports acts of kindness across New Hampshire and provides financial assistance in the communities of Concord, Penacook, Boscawen, Webster, Loudon, Chichester, Epsom, Pembroke, Bow, Dunbarton, Hopkinton, and Contoocook.

*Due to the nature of our organization, we do not accept requests for help from individuals. If you are in need of help, please work closely with those who provide ongoing support to you such as your city or town's human services department, a social worker, your child's guidance counselor, or your pastor. If they determine a Hearts for Kindness Call to Action is appropriate, they can refer you using the form on our site. Thank you for your understanding and remember--**we care about you!***

Pathways to Kindness is published quarterly and edited by Erica Letourneau. Have an idea you'd like to see in the Fall 2017 issue? Send it to heartsforkindness@gmail.com

Don't forget to Like us on Facebook:
<https://www.facebook.com/hearts4kindness/>