



# Hearts for Kindness

## Pathways to Kindness

Holiday Season 2017/2018



*Friendsgiving Auction Committee Member Carol Jordan*

### *Letter from the Editor*

Greetings and Happy New Year!

Hearts for Kindness has had an incredible few months! From the [Concord Region Board of REALTORS®](#) Friendsgiving auction to the Concord Christmas Parade to a special collaboration with [Hero Pups](#), we've been blessed and busy! Board members and supporters made fleece scarves to distribute in the community and filled 50 bags with personal care items for homeless individuals. [Restoration Foursquare Church](#) gathered Christmas gifts for five families.

**We cannot accomplish our acts of kindness without you! Thank you for your support!** Keep reading for details about our holiday events and outreach activities and a sneak peek to our next big event – the 2018 [Concord Mom Prom!](#)

*Looking to add more kindness to your life in 2018? Volunteer with us! Send us an email at [heartsforkindness@gmail.com](mailto:heartsforkindness@gmail.com) or fill out the form on our site: [http://www.heartsforkindness.com/volunteer\\_opportunities.aspx](http://www.heartsforkindness.com/volunteer_opportunities.aspx)*

## Walk a Mile in Her Shoes

On October 4, 2017, the Crisis Center of Central New Hampshire held their annual Walk a Mile in Her Shoes event to benefit the Merrimack County Task Force against Domestic Violence.

H4K Board Members Michele Horne, Deb Markarian, and Erle Huntington supported the event by handing out waters to participants.

Keep an eye on the Crisis Center's site for details about the 2018 walk:

<http://cccnh.org/event/wam/>



**H4K had a great time participating in the 2017 Concord Christmas Parade, sharing candy canes and smiles.**



A special THANK YOU to H4K board member Amylee Marion for providing and driving her truck!

*Visit our Facebook page for more pictures of our fall events:*

<https://www.facebook.com/hearts4kindness/>



# Friendsgiving Auction a Success!

We were blown away by the generosity of the Capitol Region Board of REALTORS®, the Friendsgiving sponsors, and the auction attendees. The auction raised \$8,787!



Left to Right: Brenda Perkins, Christine Waite, Judith Richard, and Wanda Keenan



## H4K thanks the auction sponsors for their Hearts for Kindness!

- Absolute Title
- Accurate Title
- Bank of New Hampshire
- Exact Property Management
- Hudkins Law and Title
- Kathleen Gallagher Family Realty
- Lake Sunapee Bank
- Merrimack Mortgage
- Phenix Title Services
- Red Door Title
- Sugar River Bank
- Summit Title

More pictures of the auction on next page



*H4K Vice President Wanda Keenan (center) enjoys the night with Melanie Muehlen Paskavitch (l) and Wendy Houston (r)*



*Seasonal arrangement silent auction item*



*Dressed up table waiting for guests to arrive*



*H4K Secretary Michele Horne*

Visit the [Capitol Region Board of Realtors 2017](#) album on our Facebook page for more pictures of this lovely event!

<https://www.facebook.com/heart4kindness/>



## *Hero Pups to the Rescue!*



*A Hero Pup explores the stuffers*

How did H4K manage to distribute close to 400 stockings to area children? [Hero Pups](#), that's how!

Hero Pups is a 501(c)(3) organization out of Stratham, NH that trains rescue dogs to be service and support dogs for veterans and first responders.

Hero Pups donated and delivered thousands of toys and hundreds of stockings, allowing us to fill and distribute Christmas cheer in the greater Concord area.

Special thanks to the Hanson family for providing the space to store, sort, and assemble the donations. We could not have completed this project without you! More thanks to everyone who came out to prepare the items and stuff the stockings. Thank you for your Hearts for Kindness!



*Look at this great group of volunteers!*

Visit our Facebook page for more pictures from this project

<https://www.facebook.com/hearts4kindness/>



## Toasty Warm

The Merrimack Valley High National Honor Society, under the guidance of board member Michele Horne, along with our wonderful volunteer Nancy Boucher, made 160 fleece scarves. We delivered them to Liberty House, the Concord Cold Weather Shelter, the Friends Program and more. We are grateful to Nancy for buying and organizing the fleece. Thank you for your Hearts for Kindness!



## Emergency Shelter Gift Bags

With your help, we were able to fill 50 bags with personal care items and snacks for the Concord Emergency Winter Shelter. We also filled four boxes with coffee, tea, supplies, and extra personal care items. Thank you to all who donated and worked to assemble the bags – your Hearts for Kindness make Concord a better place!



*Above: Brenda delivering the gift bags*

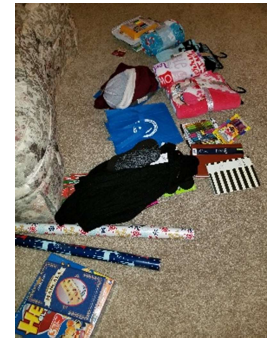


*Right: Volunteers rest after their hard work*



## Christmas Kindness

In addition to the gifts collected by Restoration Church, H4K filled four additional Christmas requests. One of our favorite things is spreading Christmas kindness to kids!



### Helping the Friendly Kitchen Folks

During the recent arctic cold, the [Friendly Kitchen](#) put out a call: they wanted to stay open all day on Saturday, 1/6 and Sunday, 1/7 but needed extra supplies to do so. Brenda zipped over to Sam's Club and filled her vehicle!

We would not have the funds for this kind of outreach without your support—thank you, supporters, for your Hearts for Kindness!

---

## *Black & White - Kindness at Night!*

We are honored to have been chosen as the recipient of the 2018 Concord Mom Prom proceeds. We hope you can join us at this fun event.

**When: Friday, May 4**

**Where: Marriott Grappone  
Conference Center, Concord, NH**

Keep an eye on [our Facebook](#) page and the [Mom Prom Facebook](#) page – tickets sales will start in February!





## Hearts for Kindness cares for you; please care for someone else.

Our purpose is to promote community and hope through acts of kindness that bring people together within the community; through limited monetary assistance to help with emergency expenses; and through special fundraising efforts for families or individuals with a greater need.

### Board of Directors

Brenda Perkins, President  
Wanda Keenan, Vice President  
Judith Richard, Treasurer  
Michele Horne, Secretary  
Erle Huntington, Director  
Amylee Marion, Director  
Deb Markarian, Director  
Erica Letourneau, Director  
Pamela Wicks, Director

Hearts for Kindness supports acts of kindness across New Hampshire and provides financial assistance in the communities of Concord, Penacook, Boscawen, Webster, Loudon, Chichester, Epsom, Pembroke, Bow, Dunbarton, Hopkinton, and Contocook.

*Due to the nature of our organization, we do not accept requests for help from individuals. If you are in need of help, please work closely with those who provide ongoing support to you such as your city or town's human services department, a social worker, your child's guidance counselor, or your pastor. If they determine a Hearts for Kindness Financial Assistance request or Call to Action is appropriate, they can refer you using the form on our site. Thank you for your understanding and remember--we care about you!*

*Pathways to Kindness* is edited by Erica Letourneau. Have an idea you'd like to see in a future issue? Send it to [heartsforkindness@gmail.com](mailto:heartsforkindness@gmail.com)

**Don't forget to Like us on Facebook:**  
<https://www.facebook.com/hearts4kindness/>